

# Detail Itinerary

Tiji festival trekking in upper Mustang date 2023, Tiji festival going to celebrate from 16 May to 18 May 2023 in Lomanthang in Upper Mustang Nepal and second Tiji 25, 26 & 27 June 2023 You can join and sharing permit for the upper mustang with us for the Tiji festival trekking tour. Visit the People from all over the world to study at this festival Upper Mustang Region, a restricted region of Mustang once upon a time was opened for foreigners in 1992. At present, you need to get a particular visit permit to go for Upper Mustang trekking. Upper Mustang is the most baffling and rarely walked route which in fact appeals visitors with its setting including huge open uninhabited lands and barren sandstone pillars as well as uneven terraces. This jointly grants a multicolored hodgepodge made up of brown, yellow, and red color. It is a fairly easy trek that also takes you to Lo Manthang, which is the capital of the Mustang region which falls behind the Annapurna and Dhaulagiri peaks. We suggest you do not miss the Tiji festival date in Upper Mustang 2023.

Upper Mustang also allures people from all around the world through its amazingly celebrated Tiji Festival. And Nepal Kailash Trekking has been arranging the Upper Mustang Tiji festival trip each year during the Tiji festival. The festival has rejoiced for three days in Lo-Manthang of Mustang. Tiji Festival is reckoned as a prominent festival in the upper Mustang region. It is celebrated by the sacred pilgrimage of inhabitants of Mustang.

The word Tiji has been derived from the word Tenji which means worshipping for bringing peace to the world. Tenji, in fact, marks the conquest of Dorje Sonam against Matamaruta, a wicked man who was the reason for bringing drought and ultimately caused loss of crops. During this celebration, the monks of the Chyode monastery execute the agony of Ma Tam Ru Ta, the delivery of the brave man Dorje Sonam who helped people of Mustang to get rid of the evil spirit who actually is his own father. The dances like called TSA Chham, Nga Chham, Rha Chham are shown on the first second and third day respectively. Tiji festival is celebrated by letting the monk act the role of Dorje Sonam.

Upper Mustang Tiji festival 2023 along with its untouched landscape and culture also allures you with its ritual including the Tiji festival. The festival is celebrated according to the Tibetan calendar from 27th to 29th of the 3rd month. People from all around the Lo Manthang come to observe this festival and also help for the accomplishment of this festival. Just drop a line for the Tiji festival date in Upper Mustang 2020 to organize your pilgrimage trekking tours.

## Trip Facts

- Trip Duration: 18 days
- Trek Duration: 12
- Trip Code: 11
- Trip Cost: 1890 Starts/Per Person
- Primary Activity: Trekking
- Secondary Activity: City sightseeing
- Min. Group Size: 02
- Starts Point: Kathmandu

- Ends Point: Kathmandu
- Trip Grade: Midium Hard
- Max. Height: 4210m
- Trip Mode: Medium
- Accommodation: Hotel/lodge
- Season: April - Oct
- Other Info: We will be updating soon the exact Tiji festival date. The Tiji festival booking is opened.

## Detail Itinerary

### **Day 01: Arrival at Tribhuwan International Airport (TIA), Kathmandu 1350m, overnight Hotel**

Arrival in Kathmandu. Pick you up from the Airport & transfer to Hotel by our company representative and brief about the program, Bed, and Breakfast

### **Day 02: Preparation day Overnight Hotel**

This day in Kathmandu - for preparation special permit and conformity, full-day sightseeing of Kathmandu valley, evening briefing about the tour, overnight Hotel on BB plan

### **Day 03: Drive or fly to Pokhara 820m, an overnight hotel**

Normally, people take a tourist bus or private vehicle as the size of the group goes to Pokhara along the highway cultivated the land, scenic view of some mountains like Ganesh Himal, Manaslu and adventurous experience by driving. There is another possible by airlines to go to Pokhara where you can see mountains view of the Annapurna, Manaslu, Ganesh Himal, Langtang, Rolwaling. Transfer to Hotel Pokhara.

### **Day 04: Early morning fly to Jomsom 2720m, and trek to Kagbeni 2800m, 2 ½ hrs**

You will fly to Jomsom early in the morning from about 6 to 7 am. after breakfast. Great and beautiful flight from Pokhara to Jomsom with scenic views of Mountains Annapurna and Dhaulagiri ranges. Take a tea coffee or breakfast then the trail leads to Kagbeni along the left bank of Kali Gandaki river. Kali Gandaki is the deepest gorge in the world. It takes about two and a half hours from Jomsom to Kagbeni. Kagbeni is the most famous for the ruins of its medieval castle houses. At Kagbeni, there is plenty of lodges as well as the campsite.

### **Day 05: Trek to Tsaile 3050m, 5 - 6 hrs**

After breakfast and fully prepared for trekking, the trekking trail leads you along the right bank of the Kali Gandaki River as you see another side crosses riverbed farm field irrigating oasis. About three-and-a-half hours trekking you will be reached to Chhuksang village via Tangbe 3060m, houses made by mud and stonewashed by white colors as well as red which remains you Tibetan tradition and culture. Mostly, Chhuksang is a lunch place. Next, an hour walks to Tsaile along the bank of the River and crosses a bridge where is a tunnel of the Galigandaki River and climbs up about 15 minutes to Tsaile. From the Tsaile, you can see the north face of Nilgiri 6,940m. Overnight lodge.

### **Day 06: Trek to Syangbochen 3818m, 6 - 7 hrs**

The trekking trail continues to climb up through the cliff to Samar pass. The left side from your trail is a long-range visible gorge with a crystalline mountain and reddish rocks. There is a long suspension bridge to the left side across the gorge that goes to Gyaker village. Some Himalayan plants like juniper and village are surrounding by Poplar trees. It looks greenery colorful scenery

After Samar by heading down to the river and after a little climb up, there are two trails for Syangboche. One is as usual normal trail via Yamdola 4010m with Upper Mustang's landscape and another via Chhungsi cave. If you have planned to visit Chhugsi Monastery cave, you have to follow the right bank with amazing canyons. This trail will be over Chhungsi 3810m; along with the magnificent view of dipping down gorge soon, it reaches the famous Chhunsu Kangchung monastery cave 3,400 m. The Chhunsu Kangchung cave monastery appearance the most important place of pilgrimage for Buddhists who interest in it. It says many years ago Yogi Padmasambhava (Guru Rinpochen) choose a peaceful place for meditation job. Therefore, this place is made defiant (openly and fearlessly) popular. Then the trail slowly climbs up again through the narrow path between two lines of hills. It takes about one and a half hours to Syangbochen. You can continue an hour further to Gelling if time is early by reaching Syangbochen. Overnight lodge.

### **Day 07: Trek to Ghami (3520m), 4 hrs**

After breakfast, start to climb a little hill with a pass you will be seen towards the valley of Gelling and backsight some mountain views. After crosses the village there is an unreasonable hill to ride up on the top of Nyi La pass 4010m. This is the good viewpoint of the Mustang landscape as well as Annapurna, Nilgiri ranges. From this path, the trail descends to

down just follow left the straight trail by seeing cultivated land and the beautiful green valley. That will Ghami village where you stop for the night, but you are already at lunchtime. After lunch, next sight of the Ghami where you can find Japanese Hospital, primary school, longest Mani wall of the Mustang with prayer wheel & apple garden. Afternoon you can hike to the up valley of Ghami which trail leads to Dolpa and see their old broken houses before established Ghami village where you stay.

#### **Day 08: Trek to Tsarang 3575m, 5 hrs**

At the beginning part of the trek today, you will walk through the longest Mani wall of Mustang. It is just above after crossing the river of Ghami at the end of the Ghami village. You can see there a big farm in the Apple garden as well. After crossing the river, your trails go climbing to Tsarang La pass then after slop down or flat level. The pass offers you very impressive views of Upper Mustang. Tsarang is also one of the biggest villages in Mustang. There you may visit a huge monastery and old palace.

#### **Day 09: Trek to Lomanthang 3809m, 4 hrs**

Either this morning or the previous day you might have visited around Tsarang's palace and monastery. Immediately leaving Tsarang village trail leads you down to the river and gradually ascending. Before entering the Lo-Manthang (Lo La 3950m) you are able to see the South face of Nilgiri Mountain then continues towards through the desert area to historical wall city. This day your trekking will be three to four hours normally.

#### **Day 10: Excursion day**

In the walled city, the houses stand against one another in a line to form small alley sometime feels tunnel, if you have no idea you will lose end in that pass-ways. Traditionally, built their mud houses with flat roofs white washed painted outside and monasteries with red. Local from here, people grow wheat, barley buckwheat, and some potatoes. Lo-pa people like the business they want to do some business from Tibet like Chinese goods. During the winter, the Lo-Pa people come down to the lower part like Pokhara. The temperature falls in minus in winter. This day visits to Chode Gumpa, Jampa Lhakhang, Thubchen Gumpa & King's palace and around. Do not forget to take with you headlight because monasteries and caves will be dark or sometimes light does not work properly. Overnight lodge.

#### **Day 11: Excursion day**

You will be visiting the Chhoser village as well as caves riding by horse or jeep and self-carry packed lunch, or at least you may have tea or coffee as well as Chinese noodle there by the local restaurant. Chhoser is mysterious, by its beauty of architecture. This cave looks like the cliff but inside it, there is step by step floor with 44 rooms. This cave is so amazing that it gives the feeling of being in Alien place if you are heading by jeep and by asking about the road is fine to visit the Korala border (Tibet/China and Nepal), it gives you outstanding landscape views with the Himalayas. Returned back to Lo-Manthang for overnight.

#### **Day 12: Trek to Dhakmar (3786m), or Ghami 3520m (5 - 6 hrs) via Ghar Gumpa**

This is one of the scenic days in Upper Mustang trek via Ghar Gumpa. there will be a chance to see blue sheep during climbing the Mui La pass 4170m. Ghar Gumpa is the oldest monastery of Nepal which is built before than Samey Monastery of Lhasa (Tibet). The monastery is the Ngyinmapa sect where found the hidden scriptures of Padmasambhava.

#### **Day 13: Trek to Samar 3660m**

#### **Day 14: Trek to Kagbeni**

#### **Day 15: Trek to Jomsom**

#### **Day 16: Fly to Pokhara**

#### **Day 17: Drive/fly to Kathmandu**

#### **Day 18: Departure**

A representative of Nepal Kailash Trekking drops you for towards boarding

**Note:- Itinerary can be modified Day 07 overnight at Ghmi and Day 12 at Dhakmar ( after Lo Manthang via Ghar Gumpa, Chogo la 4210 m, the highest pass of the trek)**

## **Cost Includes**

- All ground transports by private vehicle as per itinerary required
- One day Kathmandu city sightseeing with tour guide and all entry fees
- Kathmandu and Pokhara accommodation inclusive breakfast as per itinerary in 3 star Hotel
- All entry fees as per itinerary - Upper Mustang special permit per head US \$ 500 for the first 10 days, then after 10 days US \$ 50 per head per day, ACAP fee 2000 per head and required monasteries entrance fee (bring 2 copies passport size picture)
- Pokhara-Jomsom-Pokhara round trip airfare and airport tax + Guide
- Three time meals including Lunch, Dinner and breakfast during trek with tea/coffee
- Available twin sharing room, lodge during trekking
- An English speaking highly experienced friendly and helpful trekking guide
- One porter for two-member
- Guide salary/food/accommodation/insurance and required transports
- Porter salary/food/accommodation/insurance and required transports
- Rain protection duffel bag for luggage
- Company guarantee the rescue services if needed; please hand over your insurance policy copy to us
- Government taxes and office service charge

## **Cost Excludes**

- International airfare
- Nepal visa fee which obtained at the airport on arrival, a multiple tourist visa for 15 days US \$ 25, for 30 days US \$ 40 and for 90 days US \$ 100 or Equivalent convertible currency (bring 2 copies passport size picture)
- Pokhara and Jomsom staying on flight cancelation due to bad weather
- Alcoholic beverages, soft drinks bottle of mineral/hot water, hot shower and snack foods during trekking
- Hot shower except Jomsom
- Battery charge during trekking

- Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance
- Extra porter for the personal day bag pack
- Horse riding along the trek
- Horse or jeep to Chhoser cave or Kerala border (talk to guide because the rate gets better on locally discussion)
- Extra cost on natural disaster
- Sleeping bag, can be rented from company @ USD 00.80 cent per day per piece
- Kathmandu sightseeing (it will be extra because we should arrange according your staying in Nepal)
- Any other expenses which is not mentioned in the cost include
- Tips to staffs