Detail Itinerary

Journey into the Heart of the Sanctuary

The Annapurna Base Camp Trek (also widely known as the Annapurna Sanctuary Trek) is one of Nepal's most legendary mountain adventures. Taking you through picturesque terraced fields, dense bamboo forests, and welcoming traditional villages, this trail leads directly into a spectacular natural amphitheater enclosed by giant Himalayan peaks.

Along the route, trekkers stay at cozy local teahouses while transitioning from lush subtropical valleys up to glacial moraines. At base camp, you are rewarded with an unforgettable 360-degree panorama featuring Mt. Machhapuchhre (Fishtail, 6,993m), Annapurna I (8,091m), Annapurna South, Hiunchuli, Gangapurna, and Tent Peak.

Cultural Diversity & Natural Wonders

Beginning with a short drive from Pokhara, the trail introduces travelers to the warm hospitality of diverse local ethnic communities, including the Gurung and Magar settlements. As you trek through the protected Annapurna Conservation Area, you will pass through rich biodiversity—home to over 38 species of orchids, 9 types of rhododendrons, and various Himalayan wildlife.

At **Nepal Kailash Trekking**, we offer tailored itineraries for both beginner and experienced trekkers. You can choose a direct, efficient route into the sanctuary or combine your journey with a side trip to Poon Hill (3,210m) for a legendary sunrise view over the entire range.

Best Trekking Seasons

The ideal times for the Annapurna Base Camp Trek are Spring (March to May) and Autumn (September to November). During these months, skies are clear, temperature conditions are pleasant, and blooming rhododendron forests cover the hillsides. The trail is accessible for all levels of trekkers with moderate physical fitness.

Plan your journey to the Annapurna Sanctuary with **Nepal Kailash Trekking** today for a safe, well-organized, and memorable Himalayan experience!

Trip Facts

- Trip Duration: 15 days
- Trek Duration: 09
- Trip Code: 2
- Trip Cost: 1075
- Primary Activity: Trekking
- Max. Group Size: 14
- Min. Group Size: 2
- Starts Point: Kathmandu
- Ends Point: Kathmandu
- Trip Grade: Medium
- Max. Height: 4130m

- Trip Mode: private vehicle
- Accommodation: Lodge
- Season: Mar - May, Oct - Nov
- Other Info: Early Bird $ 950. Booking with 5 or above pax $900 per person. Trip deposit for secure space $100 is non - refundable but can use it for next trip. Contact us for the final payment.

Detail Itinerary

Day 01: Arrival at Tribhuwan International Airport (TIA), Kathmandu (1350m), overnight Hotel
Arrival in Kathmandu. Pick you up from Airport & transfer to Hotel by our company representative and brief about the program, Overnight at Hotel, inclusive Bed and Breakfast (BB plan)

Day 02: Preparation day Overnight Hotel
This day in Kathmandu - for preparation and conformity, evening briefing about the tour, overnight Hotel on BB plan

Day 03: Drive or fly to Pokhara (820m), stay overnight hotel
Normally, people take a tourist bus or private vehicle as a size of the group goes to Pokhara along the highway cultivated land, scenic view of some mountains like Ganesh Himal, Manaslu and adventurous experience by driving. There is another possible by airlines go to Pokhara where you can see mountains view of the Annapurna, Manaslu, Ganesh Himal, Langtang, Rolwaling. Transfer to Hotel Pokhara.

Day 04: Drive to Nayapul - trek to Ghandruk (1950m), 4 /5 Hrs
After breakfast, you will be driven about one and half hour by private vehicle to Nayapul. Afterward, your real Nepal Trekking starts from Nayapul. Walk flat trail mostly road till to Seuli bazaar. At Birethati, by crossing the Modi Khola Bridge just do not take an upstairs trail or left one, because left turning following for Ghorepani Trekking. So, your trail goes to the right following up to the Modi River. It leads you to Ghandruk or Annapurna Sanctuary. You walk through several beautiful villages with some waterfalls and cultivated land. Ghandruk village is the most famous village in Nepal for the Gurung by a cast. Gurungs are famous for Gurkha military. This village is a beautiful village which offers you outstanding views of mount Annapurna South and Machhapuchhare (Fishtail) as well as a beautiful valley. There is a museum of the Gurung traditional. You may visit the museum by paying a certain fee. Sikles is the biggest Gurung village in Nepal and Ghandruk is the second one with more than 270 houses. There an option to Ghandruk where already built up the motor road, but it is rough. Overnight lodge.

Day 05 Trek to Chhomrong (2210m), 4 /5 Hrs
You will walk through Ghandruk houses and in next hour visit again Traditionally village of Gurung, Kumrong Danda. It gives you another view. Then trek down to the small river and ascend to Kimrong and Dhiklyo Danda where joined the trail comes from Ghorepani – Tadapani. The region is mostly Gurung cast culturally and religiously Buddhist. When you reach to Chhomrong then it gives you refreshment and smiles with a view of the mountains and village. Overnight lodge.

Day 06: Trek to Bamboo (2310m), 4 hrs
Walk down to end the Chhomrong village and after cross the Chhomrong River and gradually ascend crossing by small settlement through the forest of Oak, Rhododendron, and bamboo. The last lodge at Sinuwa afterward just at bamboo. This is why; make sure that you have enough drinking water as well as snickers. Somewhere trails are stones stairs steeply, slippery and rocky so far. You can hear

the sound of the Modi River which is most popular in the region to follow up the Annapurna base camp trekking. Bamboo, it is enough the name of the place where you are going to stay for a night. Overnight lodge.

Day 07: Trek to Deurali (3140m), 6 hrs
Today, you are heading to Deurali through the forest with some wild animals like mostly visiting langur monkeys. All the way up to follow the Modi river which gives you feeling peace along the trail crossing to Dovan (2500m) and Himalaya (2840m) settlements for tourist lodges. At the end of the trek, this day cross an avalanche to reach Deurali. Overnight lodge.

Day 08: Trek to Machhapuchhre Base camp (3700m), 2 hrs - Annapurna Base Camp (4130m) 2hrs
Regarding avalanche, we – Nepal Kailash Trekking Company suggest you ask this day or previous when you reach to Deurali or tourist who passed you back from Annapurna sanctuary. The day, you are heading towards through avalanche zone. Paths go through bamboo, sparse birch forest and moraine brings you to Machhapuchhare Base Camp known as MBC. You can take some hot drinks or some food then head to Annapurna Base Camp, known as ABC too. The spot which provides you 360 degrees spectacular views of the Annapurna Mountains. Overnight lodge.

Day 09: Trek to Bamboo (2310m) 6 /7 Hrs
Some people stay at MBC for a night and next early morning trek to Annapurna Base Camp and take pictures, breakfast and back to the bamboo same day. Overnight lodge.

Day 10: Trek to Jhinu (1780m), 5 hrs
Trek back till Chhomrong – Talung, from there, trek descend to Jhinu danda hot spring. This is a day hot spring experience in this trekking at Jhunu. Overnight lodge.

Day 11: Trek to Pothana (1900m), 6 hrs
Leaving the lodge, trek down with following Modi River through the forest and some villages. From the new bridge cross that bridge and trek uphill to Landruk. The village Landruk self-beautiful and offers scenic valley views with Annapurna South and Hiunchuli. The trekking path leads you the way to Dhampus via Pothana through the cultivated field as well as villages and through the forest by leaving behind Tolka. Deurali, it's a junction for Mardi Himal Trekking which is opened for trekking since several years back. Approximately, walk another hour for Pothana from Deurali, middle of the forest. Overnight lodge.

Day 12: Trek to Ghatte Khola 2 hrs and drive 40 minutes to Pokhara
It's a short trekking day to Ghatte Khola from Pothana about two hours with dramatic views of Annapurna Himalayas and culturally rich villages. If you are in autumn season then can be seen full of the rice fields with yellow color and also greenery hills. Your private vehicle will be waiting for you at Ghatte Khola to bring you back to Pokhara. You may refresh and have a lunch and sightseeing of Fewa lake. Overnight Hotel.

Day 13: Drive back to Kathmandu
Normally, people take a tourist bus or private vehicle as a size of the group to come back to Kathmandu along the scenic view and adventurous experience by driving. There is another possible by airlines come back to Kathmandu which is available with mountains view of the Annapurna, Manaslu, Ganesh Himal, Langtang, Rolwaling. Transfer to Hotel Kathmandu.

Day 14: Departure
Nepal Kailash Trekking Company representative will come to your hotel to pick you up and transfer

to your on next board. The program is finished.

Cost Includes

Airport pick up the drop and drive to/from trekking starting/end point by private vehicle as per itinerary required

- From/to Kathmandu/Pokhara/Kathmandu tourist bus
- Kathmandu and Pokhara accommodation inclusive breakfast as per itinerary
- All entry fees as per itinerary like Annapurna Conservation Area Protection fee (ACAP), Trekker's Information Management System Card fee
- Local owned guesthouse/lodge twin sharing Accommodation during trekking with Breakfast & a cup of tea/coffee
- An English speaking highly experienced friendly and helpful trekking guide
- One porter for two member
- Guide salary/food/accommodation/insurance and required transports
- Porter salary/food/accommodation/insurance and required transports
- Rain protection duffel bag for luggage
- Company guarantee the rescue services if needed; please hand over your insurance policy copy to us
- Government taxes and Company service charge

Cost Excludes

- International airfare
- Nepal visa fee which obtained at the airport on arrival, a multiple tourist visa for 15 days the US $ 25, for 30 days US $ 40 and for 90 days US $ 100 or Equivalent convertible currency (bring 2 copies passport size picture)
- Lunch and Dinner
- Battery charge cost
- Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance
- Extra porter for the personal day bag pack
- Extra cost on natural disaster
- The sleeping bag can be rented from company @ USD 1.00 per day per piece
- Kathmandu sightseeing (it will be extra because we should arrange according to your staying in Nepal)
- Any other expenses which are not mentioned in the cost include
- Tips for staffs