Detail Itinerary

Dzangmu Kailash Trekking Tour Overview

The **Dzangmu Kailash Trekking Tour** (also spelled **Zhangmu Kailash Tour**) is a sacred overland journey connecting Kathmandu to the revered **Mount Kailash (6,714 m)** via the historic Kodari border. Revered as the spiritual center for Hindus, Buddhists, Jains, and Bonpos, Mount Kailash—known as Kang Rinpoche or Tise—offers an extraordinary spiritual and high-altitude trekking adventure.

Starting with a scenic drive from **Kathmandu to Kodari**, travelers cross the Friendship Bridge into **Zhangmu (Dzangmu)**, Tibet. The route ascends through the vast Tibetan plateau, crossing the Brahmaputra River to Saga, and reaching **the holy Lake Manasarovar**. Along the journey, you will visit historic Tibetan monasteries including Thrugu Gompa, Seralung, Gosul Gompa, and Chiu Gompa, alongside pristine alpine lakes like Lake Peiku Tso.

The tour features the iconic **Mount Kailash Kora** (circumambulation), traversing the challenging **Dolma La Pass (5,630 m**) and offering panoramic views of Mount Shishapangma (8,013 m) and Thong La Pass (5,100 m).

Important Travel Route Update: Due to **severe floods** and heavy road damage in the **Rasuwa** region, the **Kyirong (Kerung) border route** is currently closed and is expected to remain inaccessible for the next few years until full road reconstruction is completed. Consequently, the **Dzangmu (Zhangmu / Kodar**i) **borde**r serves as the primary and most reliable overland route for **Mount Kailash tours**.

For optimal high-altitude acclimatization before undertaking the demanding Kailash Kora, **Nepal Kailash Trekking** highly recommends short preparatory treks such as the **Langtang Valley Trek** or **Tamang Heritage Trail or at least Visit Nagthali and Taruche viewpoint.**

Trip Facts

- Trip Duration: 18 days

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Day 01: Arrival at Tribhuwan International Airport (TIA), Kathmandu, Nepal, over night **Hotel**
Arrival in Kathmandu. Pick you up from Airport & transfer to Hotel by our company representative and brief about the program, Bed, and Breakfast

Day 02: Preparation day Overnight Hotel
This day in Kathmandu - for preparation and conformity, evening briefing about the tour, overnight Hotel on BB plan

Day 03: Drive to Kodari - Zhangmu (2300) - Nyalam (3782m), overnight Hotel
Drive early morning to Kodari from Kathmandu about 4 - 5 hours. Along the Araniko highway, its self-eyeful scenery of little hills with paddy field as well as villages and small pass through markets.

At the end, the section is to Barbise to Kodari about an hour, after rains the road is often trouble. At the border customs, formalities can take time. There will be attending our border representative for crossing the luggage and camping goods. Then Drive with lots of turning upwards to Nyalam.

Day 04: Acclimatization day
This day is for acclimatization hiking up around Nyalum and evening come back to the hotel.

Day 05: Drive to Pigu **Tso (4330m)**
Today, you will be the drive to Pigu to (lake). Camp will be little way, behind the Shisapangma Himalaya with the cold night. The first drive up to Thongla passes 5153m and lalung la 5030m which gives you a view the huge Mount Shishapangma 8,013m above the sea level. And also you will see Tibetan plateau front and spectacular mountains across gorge behind to the border side.

Day 06: Drive to Dzongba (4500m)
Drive along the spectacular landscape with some passes and cross the Brahmaputra river. The views of the Dolpo, Annapurna, Dhaulagiri massive of the Kingdom of Mustang of the Nepal Himalaya ranges.

Day 07: Drive to Horchu **(4582m) – Manasarovar lake, overnight** tended **camp**
Drive along the Tsang Po river (Brahmaputra} the tour show you views on the Dolpo, Annapurna and Dhaulagiri massive and on the north side of the Kingdom of Mustang of the

Day 08: Rest day
This day will be a lazy day after Kailash Kora, washing clothes, drying things and just walk around the lake relaxing.

Day 09: Drive to Darchen (4670m), overnight Guesthouse
Today is short driving about 30 minutes, Day trip to Gangda and Sirliung Gompa if the local government allowed or just hike around for acclimatization. Overnight stay in Guesthouse

Day 10: Trek to Derapuk 4900m, Overnight tented camp
You can drive to Tarboche about 30 minutes or start trekking around the holy mountain of Kailash the highlight of the trip is two and half day (51 miles) of the Holy Mount Kailash Kora/circumstance, which is called by the Tibetans and the Hindus Kora or Parikrama for the circumstance. The western valley is with Padmasambhava, the great magician, at Dirapuk gompa at 4900m height. From there, offers a fantastic view on the north side of the Mount Kailash, if you would like to camp close to the Mount Kailash then camp will be approximately 5000m plus.

Day 11: Trek to Dolma La 5630m – camp at before Zutul phuk**, overnight tented camp**
After cross the wooden bridge little climb takes you the graveyard after Shiva Tsal Vajrayogini, as a symbol of death, pilgrims leave here back a piece of clothing or a little hair as well as money for next time.The Dolma La Pass is situated at 5630m, it is the physical and spiritually the highest point of the Kailash trip via Simikot. The Dolmala pass awaits you with colorful prayer flags. After the pass bellow appears Gauri Kund Lake (Tso Tuksche). Hindus takes bottle of holy water for them.

Day 12: Drive to Thrugu **Gumba, overnight tented camp**
Today, start of the circumnavigation of Manasarovar lakeYou can walk along the eastern shore to Trugo Gompa about seven to eight hours or alternatively jeep drive partly as you wise. You will have wonderful views of Mount Kailash across the blue Manasarovar Lake like sky.

Day 13: Drive to Chiu Gumba, overnight tented camp
Along the way either drive or walk with fantastic views along the Gurla Mandata and Mount

Kailash. Today, the circumnavigation on about two hours from Gossul to Chiu Gompa or can also drive. Enjoy the serenity of the lake to visit the monastery and the hot springs

Day 14: Trek to Darchen, drive to Horchu Lake Manasrover **4582m, overnight tented camp**

Day 15: Drive to Dzongba

Day 16: Drive to Dzaangmu

Day 17: Drive back to Kathmandu

Day 18: Departure

Cost Includes

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