Detail Itinerary

Classic Trail to Everest Base Camp

The Jiri to Everest Base Camp Trek is the legendary, original route taken by early Himalayan pioneers like Sir Edmund Hillary and Tenzing Norgay Sherpa. Offering the ultimate high-altitude adventure, this classic trail allows for gradual altitude acclimatization while avoiding the weather-dependent flights into Lukla.

By starting from Jiri (or Shivalaya), you experience the complete geographic and cultural transition of Nepal—trekking through lush middle hills, traditional ethnic villages, and serene alpine wilderness before joining the main Everest Base Camp trail at Lukla.

Highlights of Jiri to Everest Base Camp Trek

- **Classic Himalayan Heritage:** Follow the historic trail used by legendary mountaineers before the construction of Lukla Airport.
- **Superior Acclimatization:** The gradual ascent through the mid-hills helps your body naturally adapt to rising altitudes, drastically reducing the risk of altitude sickness (AMS).
- **Rich Cultural Diversity:** Experience authentic rural life, traditional Sherpa and Tamang hospitality, ancient monasteries, and untouched mid-hill culture.
- **Quiet & Uncrowded Trails:** Enjoy peaceful trekking conditions through mid-hill valleys before connecting with the main Khumbu route.
- **Panoramic Mountain Views:** Stand before iconic Himalayan giants including Mount Everest (8,848.86m), Lhotse (8,516m), Ama Dablam, and Thamserku.

Trek Overview & Key Details

- **Starting Point:** Scenic drive from Kathmandu to Jiri (1,905m) or Shivalaya (1,770m).
- **End Point:** Flight back from Lukla to Kathmandu (or Ramechhap)
- **Maximum Elevation:** Kala Patthar (5,545m) & Everest Base Camp (5,364m).
- **Total Elevation Gain:** Approximately 8,970m of total ascent to Kala Patthar.
- **Trek Duration:** Typically 21 to 22 days.
- **Best Trekking Seasons:** Spring (February to May) and Autumn (October to December).

Google Map of Jiri EBC Trek

Trip Facts

- Trip Duration: 22 Days days
- Trek Duration: 19 Days
- Trip Cost: US $ 1670

Detail Itinerary

Day 01: Arrival Kathmandu (1350m)
Nepal Kailash Trekking company's staff pick you up from Tribhuwan International Airport (TIA), Kathmandu and transfer to your Hotel and after refreshment introduce your trekking guide as well as a city guide. Overnight at Hotel inclusive Bed and Breakfast (BB).

Day 02: Trip preparation Day (or Kathmandu sightseeing)
City guide picks you up after your breakfast for the sightseeing of Pashupatinath Temple, Boudha Stupa, Kathmandu Darbar Square and SWayambhunath. Overnight Hotel inclusive (BB).

Day 03: Drive to Jiri (1950m)
Early morning pick you up by your trekking guide and transfer to the public bus station for Jiri drive along the Araniko highway and scenery of greenery hills, villages, rivers, waterfalls. The driving will be an extra experience of life. It takes about 9 hours. It is possible to drive by a private vehicle by paid the extra charge. Also, it is the possibility to drive to Shivalaya which makes a day shorter the trip. Inclusive Breakfast, Lunch, Dinner (BLD) with available local Guesthouse/Lodge.

Day 04: Trek to Deurali (2710m)
It is your first-day trek of Jiri to Everest Base Camp. It is walking up and down hills through cultivated land as well as villages. Trekking starts at beginning a short walking on the flat then ascends and descends till Shivalaya where stop for lunch. The scenery will be wide green hills and villages like starts. After lunch again begins ascending to Deurali through villages and forests. Visit a cheese factory near your lodge as well as great views. Overnight at Deurali, inclusive BLD with the available lodge.

Day 05: Trek to Sete (2520m)
Trek starts by ascending to Bhandar village which is a quite big village of the trip through you pass. Most of the time one after the next villages crossing of the day. After lunch at Kinja (1600m), start ascending trek to Sete. This nd next days are the most challenging days of the trip before Lukla due to ascends. Sete is located in the middle of the forest and great scenery of the valley across green hills. You can see a hill just opposite side of your lodge which region lies Pikey peak. It is also short trekking in the region to see Mount Everest from the peak. Overnight at lodge.

Day 06: Trek to Lamjura pass 3530m - Junbeshi (2675m)
Keep walking on continue ascending which has been started after Kinja in the previous day's lunch place. The trail leads through big trees as well as a couple of times few settlements. It brings you close to Pikey peak at the right hill but nearby Lamjura, where can you stop for lunch and trail, follows to west north Lamjura (also available a couple of tea houses for lunch). This day is an opportunity to see snow-capped peaks through the forest on the way left-hand side to Lamjura. You (Guide will) should make sure whether there is keeping open tea house or not. Lamjura pass makes you good acclimatize for the Everest Base Camp. Then after a walk down to JUnbeshi via Tractor village. This site offers brilliant views of the hills of pine across the valleys. Overnight at Junbeshi lodge.

Day 07: Trek to Nunthala (2220m)
It is the day to see first Mount Everest and more peaks view after about an hour left Junbeshi if weather permits you clear day. The day keeps walking as usual through beautiful villages and forests. Your lunch will be at Ringmo village (2720m). There is a little pass after short climbing from Ringmo and that is also a junction (Taksindo/Trakshindu La 3070m) for the trekking trail to Dudh Kunda (a sacred and legendary lake). Taksindo is the village of Late Babu Chhiri Sherpa, who

climbed Mt. Everest 10 times, had been kept recorded that 21 hours on the summit in 1999. Sadly, he died after falling into a crevasse at camp 2 in 2001. After awards, again walk through a village called Taksindo. It is picturesque, the trail follows continue ascending to Nunthala through Forrest. Overnight at Nunthala lodge.

Day 08: Trek to Gumba Danda (2190m)
Trekking ascends to Dudh Koshi (River) through farming field and forest as well as few settlements and starts to ascend to Khari Khola via Jubing village. You may take a lunch break at Chyokha or reach to the ridge of Khari Khola. Keep walking further up to Gumba Danda about an hour for the camp of the night, some trekkers go further up to Bubsa but this is the place for good views. Overnight at Gumba Danda lodge.

Day 09: Trek to Surkhe (2290m)
It is another experience of walking through a mixed forest with big trees and bring you at the ridge of Khari La (2840m) before Puinya/Payan. It is amazing scenery of the Jiri to Lukla. It offers you the scenery of Khumbu valley to the north across the Dudh Kunda and south green hills across the valleys. There are options whether to stop at Payan for lunch or go further down after Payan. It is also possible to reach Lukla after Surke if you are enough strong or fit but better go to Chheplung than Lukla because Lukla will be reached out for a flight to Kathmandu at the end of the trek.

Day 10: Trek to Monjo (2840m) visit for furthermore day by day's detail of EBC trek

ay 11: Trek to Namche (3440m)

Day 12: Acclimatization day

Day 13: Trek to Tengboche (3870m)

Day 14: Trek to Dingboche (4410m)

Day 15: Acclimatization

Day 16: Lobuche (4910m)

Day 17: Trek to Gorakshep (5160m)

Day 18: An early morning climb to Kalapathar (5545m) - Trek back to Pheriche (4210m)

Day 19: Trek to Namche

Day 20: Trek to Lukla (2842m)

Day 21: Fly back to Kathmandu (or fly to Manthali then drive 4 hours to Kathmandu)

Day 22: Departure

Cost Includes

- All ground transports by private vehicle as per itinerary required except Kathmandu to Jiri (public bus)
- Kathmandu Hotel 3 star for 3 nights
- Kathmandu full day sightseeing of Pashupatinath, Bouddha Stupa, Kathmandu Darbar Square and Swayambhunath with all entrance fee and tour guide/salary
- All entry fees as per itinerary – Sagarmatha National Park fee, Trekker’s Information Management System Card fee {bring 2 copies passport size picture}

- Lukla Kathmandu fare and airport tax + Guide + porter
- Three times meals including Lunch, Dinner and breakfast during trek with tea/coffee inclusive lodge accommodation during trek
- An English speaking, highly experienced, friendly and helpful trekking guide
- One porter for two members
- Guide salary/food/accommodation/insurance and required transports
- Porter salary/food/accommodation/insurance and required transports
- Rain protection duffel bag for luggage
- The company guarantees the rescue services if needed; please hand over your insurance policy copy to us
- Government taxes and office service charge

Cost Excludes

- International airfare
- Lukla staying on flight cancellations due to bad weather
- Alcoholic beverages, soft drinks bottle of mineral/hot water, hot shower and snack foods during trekking
- Hot shower
- Battery charge during trekking
- Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance
- Extra porter for the personal day bag pack
- Horse riding along the trek
- Extra cost of natural disaster
- Any other expenses which are not mentioned in the cost include
- Tips to staffs