

Detail Itinerary

Overview of the Remote Western Nepal Expedition

The Kailash Tour via Saipal Himal is an exceptionally rewarding and hidden wilderness journey in the far-western Himalayas of Nepal. Mount Saipal (7,031m) stands as the second-highest peak in the region, offering majestic Himalayan views, pristine alpine lakes, and rich flora and fauna. Situated within the fascinating Humla district, the route takes trekkers through remote indigenous villages where residents practice a blend of Hindu and Buddhist traditions, and occasional cultural practices such as polyandry can still be observed. The trek crosses significant high points including Shankha Pass (4,700m) and an exit near Yari (approx. 5,000m), where travelers frequently encounter traditional trans-Himalayan caravans of sheep and goats transporting salt and goods from the Tibet/Hilsa border.

Route Connection and Simikot Itinerary

Beginning the Kailash trekking tour via Simikot is a reliable approach for gradual acclimatization to avoid altitude sickness. The main route follows the Karnali River westward from Simikot before branching toward the Limi Valley and Saipal Himal. The Limi Valley trail connects to Hilsa via Nyalu La Pass and Halji, while the Saipal Himal route merges back into the main Simikot-Kailash trail at Muchu and Yari (with both routes eventually crossing Nara Lagna before reaching Hilsa). For travelers not continuing on the Kailash tour, the itinerary can easily branch into a complete exploration of the Limi Valley before returning safely to Simikot.

Trip Facts

- Trip Duration: 34 days
- Trek Duration: 17
- Primary Activity: Trekking
- Secondary Activity: Tour
- Max. Group Size: 16
- Min. Group Size: 2
- Starts Point: Kathamandu
- Ends Point: Kathmandu
- Trip Grade: Hard
- Max. Height: 5630m
- Accommodation: Camping
- Season: May - Oct
- Other Info: recomend who already acclimatized in high Himalayan trekking

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Cost Includes

1. Airport Pick up drops 3 times by private coach/van
2. Nepalgunj airport transfers
3. Kathmandu Hotel 2double bedroom with 2 room for 4 Nights
4. Nepalgunj hotel for one night with full board meal
5. Kathmandu Nepalgunj flight w/needed tax
6. Nepalgunj to Simikot flight w/needed tax
7. Cook airfare to Simikot from Kathmandu
8. Cargo
9. Mules & porter
10. Meals from own camping kitchen by trekking cook during Nepal part (Breakfast, lunch and Dinner with tea/coffee),
11. Tent, mattress, and cooking utensils during camping trek
12. Humla special permit
13. Humla community
14. Chinese visa fee
15. Camping charge made by local (community)
16. Border crossing porter/luggage fee
17. Land Cruiser/Jeep pick up from Kerung border
18. Cook salary KTM to Hilsa Border back to Kathmandu
19. Rain protection duffel bag for luggage
20. Cook returns air ticket
21. Hilsa border crossing (local community) fee
22. Double sharing sleeping tent during Nepal part
23. Breakfast, Lunch and dinner in Tibet
24. Accommodation as mentioned in the program
25. All necessary Tibet entry and road permits
26. 1 Local Tibetan English speaking guide,

27. Transportation (one van) in Tibet
28. All entry fees to the sites and monasteries in Tibet
29. Porters around Kailash trek
30. Different kinds of snacks like biscuits, dried fruit, toast, coffee, tea, etc for the breakfast
31. Bed and Breakfast for entire tour in Tibet
32. Kailash and Mansarovar conservation fee
33. Kailash and Mansarovar conservative bus fee
34. National grassland conservation fee
35. Oxygen in case needed during in Tibet
36. First Aid kit (suggest to have own better)
37. All staffs salary/insurance/food/accommodation
38. Farewell dinner in Kathmandu at the end of the trip
39. Kathmandu Sightseeing

Cost Excludes

- International airfare
- Nepal visa
- Nepali Trekking Guide (\$ 450 extra if needed) till to Hilsa Border
- Helicopter charter to Simikot from Nepalgunj on flight cancelation due to bad weather
- Extra nights Hotel in Nepalgunj on flight cancelation due to bad weather
- Alcoholic beverages, soft drinks bottle of mineral water and snack during trekking
- Meals in Kathmandu(Lunch and Dinner)
- Restaurant food bills during camping if out of the plan
- Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance

- Extra porter for the personal day bag pack
- Horse/Yak riding along the trek/Kailash Kora
- Political disturbance blockade expenses
- The extra cost of natural disaster
- The sleeping bag can be rented from company @ USD 1.00 per day per piece
- excess baggage
- Tips for staffs/drivers
- Any other expenses which are not mentioned in the cost include

Note: - Single tent/room supplement charge will be extra charged (US \$ 400)