Detail Itinerary

Simikot to Mt Kailash Route Overview

The **Kailash Trekking via Simikot** is a classic and spiritually rewarding overland pilgrimage starting from Humla, the remote north-western district of Nepal. Operating since the opening of the Nepal-China border in 1993, this trail is **highly recommended for travelers seeking natural high-altitude acclimatization**. The gradual walking ascent from Simikot significantly reduces the risk of acute mountain sickness (AMS) before reaching Lake Manasarovar and Mount Kailash (6,714 m).

While domestic flights and remote logistics make this route slightly more expensive, **when it comes to valuing life, health, and safe acclimatization, the cost is well worth every penny**. Beyond safety, this journey rewards you with some of the most stunning mountain landscapes, untouched wilderness, and rich ancient Tibetan culture found nowhere else.

Mount Kailash—revered as Kang Rinpoche, Tise, or Kailasa—holds immense spiritual significance for Hindus, Buddhists, Jains, and Bonpos. For Hindus, it is the sacred abode of Lord Shiva; for Buddhists, it represents the earthly Mandala of Demchok and Dhyani-Buddhas.

The journey begins with a scenic flight from Kathmandu to Simikot (2,910 m) via Nepalgunj. From Simikot, a 6-day trek through scenic valleys and over the Nara La Pass (4,530 m) leads to Hilsa on the Nepal-Tibet border. After crossing into Shera, Tibet, travelers drive through the vast Tibetan Plateau toward Lake Manasarovar and Mount Kailash to complete the holy Kora (circumambulation).

Limi Valley Extension: For an even richer wilderness experience and superior acclimatization, we highly recommend adding about 5 extra days to explore the hidden **Limi Valley**. This remote trans-Himalayan trail features ancient Bon and Buddhist monasteries, centuries-old Tibetan culture, and pristine valleys before connecting to the Kailash border route.

Saga Dawa Festival Special: Experiencing the Mount Kailash tour during the Saga Dawa Festival is an extraordinary spiritual opportunity. The festival celebrates the Birth, Enlightenment (Nirvana), and Parinirvana of Lord Buddha on the full moon day of the fourth Tibetan lunar month.

With over 27 successful Kailash expeditions, **Nepal Kailash Trekking** offers tailored itineraries to match your preferences, including exit routes via Kyirong or Lhasa. Contact us to organize your customized Mount Kailash pilgrimage!

Trip Facts

- Trip Duration: 20 days
- Trek Duration: 09
- Trip Cost: US 4800
- Secondary Activity:
- Max. Group Size: 12
- Min. Group Size: 05
- Starts Point: Kathamadnu
- Ends Point: Kathmandu
- Trip Grade: Hard

- Max. Height: 5660m
- Accommodation: Nepal side Camping/ Tibet side Guest house

Detail Itinerary

General Itinerary:

Day 01: Arrival at Tribhuwan International Airport (TIA), Kathmandu, Nepal, overnight Hotel
Arrival in Kathmandu. Pick you up from the Airport & transfer to Hotel by our company representative and brief about the program, Bed, and Breakfast

Day 02: Preparation day Overnight Hotel
This day in Kathmandu - for preparation and conformity, evening briefing about the tour, overnight Hotel on BB plan

Day 03: Fly to Nepalgunj, the overnight Hotel
Flight from Kathmandu to Nepalgunj in the lowlands approximately 150m near the Indian border, the sometimes flight can be in the morning schedule to Nepalgunj. Possibly, on the same day flight to Simikot 2,910 m. If no flight to Simikot on this day, sleep in a hotel in Nepalgunj on full board.

Day 04: Fly to Simikot – trek to Dharapuri **2330m 3 hrs** over night **tented Camp**
If you are morning in Simikot, you already start the day with a trek to Dharapuri. The route takes you on a hill above the village Simikot. Then, it goes steeply down to the Karnali River. The camp will be in a beautiful place on the river at Dharapuri. If the flight takes late due to bad weather and not enough time to reach to Dharapuri, you stay in Simikot. There living environment Thakuris, Nepalese Hindus. The most traders and residents of northwest Simikot but Bhotias here migrant Buddhist from Tibet. Simikot is the district headquarters of Humla, the "Wild West" of Nepal. The remote valleys are still traded routes from Tibet. Sheep and mules are Himalayan transport here. So, those animals carrying rice & salt to Nepal, there will be exchanged for salt.

Day 05: Trek to Kermi 2650m, 4-5 hrs overnight **tented camp**
This day will be hot on a sunny day, you see walnut and peach trees line the path that leads along the Karnali River to Kermi and sees a beautiful waterfall, Here live primarily Bhotia Buddhists. The village is situated above the camp. And hot springs can be visited in a day which lies between campsite and village above.

Day 06: Trek to Yalbang Gumba 2890m, 6 hrs, over night **tented camp**
A narrow path leads along the river Salle Khola to the Yalbang Gompa. The steep trail brings you through a pine forest on a hill pass (2,990 m) and down to the Salle Khola, sometimes we make a camp at Salle Khola camp near the river, it depends on an itinerary. Then slow accent to Yalbang Gompa next two and half an hours. Slowly take the Tibetan influences. Here the population of the villages is mostly Tibetan Buddhist. Here you go camping. For luck, you can visit the evening puja experience in the monastery.

Day 07: Trek to Tumkot 3200m, 6 hrs, overnight tented camp
This day, you visit on the way nice and traditional village of Yangar 2,850m and Much 2,920m reach you today Tumkot. Along the way, you encounter as usual salt traders, who transport their goods with sheep and goats in Nepal. Farmers farming on that level barley, wheat & potatoes. By the way, this day you cross the Karnali River at the bottom of the Muchu.

Day 08: Trek to Thado Dhunga 3900m, 7 hrs. overnight tented camp
Al the way following the Kailash pilgrimage route via Smikot. This is a beautiful trail, you will see some waterfalls stream opposite of your trail. Yari village (3,670 m), the last settlement on Nepalese territory. Views on Saiphal Himal (7,000 m). The landscape is barren and receives Tibetan fictional character. Your camp is situated above one hour of Yari.

Day 09: Trek to Hilsa and drive to Purang 3800m, 6 hrs, overnight guesthouse
Today is an easy trail leads up to Sipsip 4,300 m and Nara La passing 4580m. But walk slowly at the high altitude. By passing the Nara la top, you can enjoy the first glimpse of the Tibetan highlands. In an impressive way, you get down to the Karnali River, Hilsa 3720m. The suspense bridge marks the way to Tibet. Here you will find the Tibetan Department. After customs, formalities continue to Purang driving about an hour approximately.

The Purang town lies at Karnali River near the border with Nepal and it's also called Taklakot. Also, Purang is connected by the old pilgrimage route across the Lepu Lekh Pass into India. In this market, Tibetan wool, sheep, yaks, and a colorful selection of Chinese, Indian and Nepalese goods are traded. Here, an interesting by meeting nomadic Khampa, Nepalese and Chinese. On a hill above the town make you refresh by seen Gombas and snow toped peaks. Overnight in the guesthouse in Purang.

Day 10: Drive to Thirthapuri, overnight tented camp
You first see the mandala of Mount Kailash from a pass view point after shortly driving across the Tibetan villages from Purang. The links "Mondsee" Rakshasa, right, the "Sonnensee" Manasarovar and in the center stands the pyramid of Kailash. Driving continues to Tirthapuri, where Padmasambhava meditated. On this beautiful peaceful place, still, the breath of old Tibet is an alive traditional place of pilgrimage, with hot sulfur springs.

Day 11: Rest day
This day for bathing, relaxing and washing clothes, and time for reflection, with the pilgrims to circumstance a little hill, to meditate. If you have another program is included then drive through the canyon with packed lunch. It goes into a fascinating journey to Khyunglung near old Bon monasteries called Guru Gem. Here you will find beautiful hot springs, where you may be able to take a bath. Then drive back to the camp in the evening - Tirthapuri.

Day 12: Drive to Tholing – Tsaparang, overnight Tibetan family guesthouse
Drive to Tholing about 3 hours, on the way picturesque spectacular scenery and take lunch at Tholing restaurant then visit Tholing with its white and red monasteries and drive to Tsaparang overnight at Tibetan family guest house.

Day 13: Tsaparang excursion day, overnight Tibetan family guesthouse
After breakfast visits the Guge Kingdom with the Morning view in Sutlej valley. The former royal cities of the Kingdom of Guge are located in a spectacular canyon in the Sutlej River, India is not so far from here. Tholing Tsaparang were the most important cities in Tibet during the 11th Century and by 1042 of the scholar Atisha was invited to India by Tholing. Particularly impressive is the amazing murals in the palace and the monasteries are situated on a hilltop landscape. During the ten to twelve century, this was the center of Tibetan culture, which still testifies to the impressive murals. Overnight in Tsaparang

Day 14: Drive to Darchen, Guesthouse
All the way back three and a half hour to the main road towards Kailash Darchen. Day trip to Gangda and Sirliung Gompa if the local government allowed. Overnight stay in the Sun Moon Guesthouse opened by Swiss Kailash Hospital.

Day 15: drive to Tarboche – trek to Dera phuk**, Overnight tented camp**
You can drive to Tarboche about 30 minutes or start trekking around the holy mountain of Kailash the highlight of the trip is two and half day (51 miles) of the Holy Mount Kailash Kora/circumstance, which is called by the Tibetans and the Hindus Kora or Parikrama for the circumstance. The western valley with Padmasambhava, the great magician, at Dirapuk gompa at 4.900m height. From there, offers a fantastic view on the north side of the Mount Kailash

Day 16: Trek to Dolma La 5630m – camp at before Zutul phuk**, overnight tented camp**
After cross the wooden bridge little climb takes you the graveyard after Shiva Tsal Vajrayogini, as a symbol of death, pilgrims leave here back a piece of clothing or a little hair as well as money for next time. The Dolma La Pass is situated at 5630m, it is the physical and spiritually the highest point of the Kailash trip via Simikot. The Dolmala pass awaits you with colorful prayer flags. After the pass bellow appears Gauri Kund Lake (Tso Tuksche). Hindus take a bottle of holy water for their home. The eastern valley is associated with Milarepa, the famous Tibetan hermit, whose history is closely interwoven with the mountain. The camp will be set near the Zutrulphuk Gompa have the ability to go between the latching points individually.

Day 17: Trek to Darchen – drive to Horchu **–** Manasarovar **lake, Overnight tented camp**
After visit for the Pooja at Zutrulphuk Monastery, about three hours trekking to the ending point of Kora and time to say good bye to the Yakpas {Yak man} where to pick you up by jeep, 30 minutes drive to Horchu or walk for full kora to Darchen about an hour approximately, camp at Manasarovar Lake side Camp

Day 18: Rest day
This day will be a lazy day after Kailash Kora, washing clothes, drying things and just walk around the lake relaxing.

Day 19: Drive to Trough **Gumba, overnight tented camp**
Today, the start of the circumnavigation of Manasarovar lake, you can walk along the eastern shore to Trugo Gompa about seven to eight hours or alternatively jeep drive partly as you wise. You will have wonderful views of Mount Kailash across the blue Manasarovar Lake like the sky.

Day 20: Drive to Chiu Gumba, overnight tented camp
Along the way either drive or walk with fantastic views along the Gurla Mandata and Mount Kailash. Today, the circumnavigation on about two hours from Gossul to Chiu Gompa or can also drive. Enjoy the serenity of the lake to visit the monastery and the hot springs.

Day 21: Rest day
This rest day can be you need cut if it previously occurred in the Tour delays because of flight cancelation Nepalgunj to Simikot due to bad weather.

Day 22: Drive to Dzongba, overnight tented camp
Drive along the Tsang Po river (Brahmaputra} the tour show you views on the Dolpo, Annapurna, and Dhaulagiri massive and on the north side of the Kingdom of Mustang of the Nepal Himalaya ranges.

Day 23: Drive to Zdangmu, Overnight guesthouse
This day scenery will be a lake called Peigu Tso, a large, deep blue lake with views of the Mount Shishapangma 8,000m above the sea level. The day gives you Tibetan plateau and drives via Nyalam through a spectacular gorge down to the border side. Within few hours come from through Tibetan plateau to full oxygen greenery scenery approximately 1100m above sea border side in Dzhangmu.

Day 24: Drive to Kathmandu, Overnight Hotel
Drive about 20 minutes down to Friendship Bridge and complete the necessary customs formalities and Crossing the border into Nepal. In Nepal side will be waiting for our border representative with transport for Kathmandu, it takes about four to five hours, depends on the road condition.

Day: 25 Free day Kathmandu, overnight hotel
Free day for shopping and evening farewell dinner, overnight Hotel

26: Departure
We transfer to the airport and the service is finished

Cost Includes

1. Airport Pick up drops 3 times by private coach/van
2. One full day Kathmandu sightseeing (Pashupati, Boudha, Kathmandu Darbar square and Swayambhu)
3. Nepalgunj airport transfers
4. Kathmandu Hotel 3 Nights
5. Nepalgunj hotel for one night with full board meal
6. Kathmandu Nepalgunj flight
7. Nepalgunj to Simikot flight
8. Nepali Guide airfare to Simikot from Kathmandu
9. Cook land transfer to Nepalgunj - flight to Simkot (one day before)
10. Cargo
11. Needed Mules & 3 kitchen staffs from Simikot
12. Meals from own camping kitchen by trekking cook during Nepal part (Breakfast, lunch, and Dinner with tea/coffee/hot water),
13. Tent, mattress, table, Chairs and cooking utensils during camping trek
14. Humla special permit
15. Humla community fees
16. Chinese visa fee with Nepal Guide
17. Camping charge made by local (community)

18. One bus pick up from Kyirung border
19. Guide/Cook salary/insurance,
20. sleep at local Guesthouse/hotel with their food in Tibet part).
21. Rain protection duffel bag for luggage
22. Hilsa border crossing (local community robbery) fee
23. Accommodation as mentioned in the program
24. All necessary Tibet entry and road permits
25. 1 Local Tibetan English speaking guide,
26. Conditional Transportation (one van) in Tibet
27. All entry fees to the sites and monasteries in Tibet
28. Porters around Kailash trek
29. Different kinds of snacks like biscuits, dried fruit, toast, coffee, tea, etc for the Breakfast for entire tour in Tibet as well as Lunch and Dinner in available hotel/restaurant
30. Kailash and Mansarovar conservation fee
31. Kailash and Mansarovar conservative bus fee
32. National grassland conservation fee
33. Oxygen in case needed during in Tibet
34. First Aid kit (suggest to have own better)
35. All staffs salary/insurance/food/accommodation

36. Farewell dinner in Kathmandu at the end of the trip

Cost Excludes

• International airfare

• Nepal visa

• Helicopter charter to Simikot from Nepalgunj on flight cancelation due to bad weather

• Extra nights Hotel in Nepalgunj on flight cancelation due to bad weather

• Alcoholic beverages, soft drinks bottle of mineral water and snack during trekking

• Meals in Kathmandu(Lunch and Dinner)

• Excess baggage fee (Kathmandu to Nepalgunj to Simkot), approx Rs 100 and 140/kg)

• Restaurant food bills during camping if out of plan

• Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance

• Extra porter for the personal day bag pack

• Horse/Yak riding along the trek/Kailash Kora

• Political disturbance blockade expenses

• Extra cost on natural disaster

• Sleeping bag, can be rented from company @ USD 1.00 per day per piece

• Tips to staffs/drivers

• Any other expenses which is not mentioned in the cost include

Single Supplementary $ 400