Detail Itinerary

A Sacred Alpine Lake Journey & Langtang Valley Expedition

Langtang Gosaikunda Trekking offers a remarkable blend of high-Himalayan scenery, diverse alpine ecosystems, and sacred pilgrimage heritage. Combining the glacial beauty of the Langtang Valley with the holy alpine lakes of Gosaikunda, this journey provides a complete experience of central Nepal's natural and cultural splendor.

Gosaikunda Lake, situated at an altitude of 4,380 meters, holds immense religious significance for both Hindus and Buddhists. According to Hindu mythology, Lord Shiva created this freshwater lake with his trident. Thousands of pilgrims visit during the Janai Purnima full moon festival in August to take a holy dip in its crystalline waters.

Key Highlights of Langtang Gosaikunda Trekking

- **Holy Gosaikunda Lake:** Experience the serene atmosphere of this high-altitude sacred lake surrounded by dramatic snow-capped peaks.
- **Langtang Valley & Kyanjin Gompa:** Explore traditional Tamang villages, glacial valleys, and the historic monastery at Kyanjin Gompa.
- **Laurebina Pass (4,610m):** Cross this high mountain pass offering sweeping views of Langtang Lirung, Ganesh Himal, Kimshung, Langshisha Ri, and Dorje Lakpa.
- **Rich Wildlife & Biodiversity:** Trek through Shivapuri Nagarjun and Langtang National Parks, home to red pandas, Himalayan Thar, musk deer, and hundreds of bird species.
- **Cultural Heritage of Helambu:** Descend through lush rhododendron and bamboo forests into the scenic Helambu region, home to Hyolmo and Sherpa culture.

Best Time to Trek

The ideal seasons for the Langtang Gosaikunda Trek are **Spring (March to May)**, when rhododendron forests bloom across the hillsides, and **Autumn (September to December)**, which brings clear skies, crisp atmosphere, and unhindered mountain panoramas.

At **Nepal Kailash Trekking**, we organize fully guided, flexible Langtang Gosaikunda itineraries starting from Kathmandu via Sundarijal or Syabrubesi. Contact our team today to reserve your sacred Himalayan journey!

Trip Facts

- Trip Duration: 17 days
- Trek Duration: 13
- Primary Activity: Trekking
- Min. Group Size: 1
- Starts Point: Kathmandu
- Ends Point: Kathmandu
- Trip Grade: Midium Hard
- Max. Height: 5033m
- Accommodation: Lodge

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Cost Includes

• All ground transports by private vehicle as per itinerary required

• Kathmandu accommodation inclusive breakfast as per itinerary

• All entry fees as per itinerary like Langtang National Park Fee, Trekker's Information Management System Card fee {bring 2 copies passport size picture}

• Three times meals including Lunch, Dinner and breakfast during trek with tea/coffee

• An English speaking, highly experienced, friendly and helpful trekking guide

• One porter for two members

• Guide salary/food/accommodation/insurance and required transports

• Porter salary/food/accommodation/insurance and required transports

• Rain protection duffel bag for luggage

• The company guarantees the rescue services if needed; please hand over your insurance policy copy to us

• Government taxes and office service charge

Cost Excludes

• International airfare

• A Nepal visa fee, which obtained at the airport on arrival, a multiple tourist visa for 15 days US $ 25, for 30 days US $ 40 and for 90 days US $ 100 or Equivalent convertible currency {bring 2 copies passport size picture}

• Alcoholic beverages, soft drinks bottle of mineral/hot water, hot shower and snack foods during trekking

• Meals in Kathmandu

• Battery charge during trekking

• Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance

• Extra porter for the personal day bag pack

- Extra cost of natural disaster
- Sleeping bag, can be rented for company @ USD 00.80 cent per day
- Any other expenses which are not mentioned in the cost include
- Tips to staffs