Detail Itinerary

Mount Kailash Tour Route Options

Planning a spiritual pilgrimage to Mount Kailash from Kathmandu? There are three primary route options available for travelers, each offering distinct experiences, elevations, and logistical considerations:

1. Kailash Tour via Lhasa

- Direct flight from Kathmandu to Gonggar Airport (3,570m) and transfer to Lhasa (3,656m).

While this route is relatively quick, it carries a higher risk of Acute Mountain Sickness (AMS) due to the sudden elevation jump from Kathmandu (1,350m) to Lhasa. It also involves higher airfare costs.

2. Kailash Tour via Simikot

- **Option A:** Helicopter from Simikot to Hilsa (3,640m) followed by a drive to Purang (4,755m).
- **Option B:** A 6-day trek via Nara La Pass (4,500m).
- **Option C:** A 10-day trek via Limi Valley and Nyalu La Pass (4,900m).

Traveling via Simikot explores the remote and hidden trails of western Nepal's Himalayan region, offering an authentic rural village experience. However, this option involves higher camping and cargo costs, multiple domestic flights, and potential weather-related delays in Nepalgunj and Simikot during the monsoon season.

3. Kailash Tour via Gyirong (Kerong)

- **Option A:** Direct overland travel from Kathmandu to Kerong, proceeding toward Saga (approx. 4,500m) the following day.
- **Option B:** A 6-day trek via Gosaikunda prior to reaching Kerong.

Having operated in the Nepal Himalayas and Tibet since 1999, our experience shows that well-planned overland routes via Kerong offer an optimal balance of economic value and safer acclimatization to manage AMS.

Trip Facts

- Trip Duration: 20 days
- Trek Duration: 10
- Primary Activity: Mount Kailash Tour
- Secondary Activity: Trekking
- Max. Group Size: 17
- Min. Group Size: 5
- Starts Point: Kathmandu
- Ends Point: Kathmandu
- Trip Grade: Moderate
- Max. Height: 5760m

- Trip Mode: vehicle
- Accommodation: Hotel/lodge
- Season: May to October

Detail Itinerary

Day 01: Arrival in Kathmandu

AM/PM, One of our company represents will pick you up from Tribhuwan International Airport, Kathmandu Nepal and transfer to Hotel and introduce with trekking staff. Overnight at Hotel.

Day 02: Trip Preparation

Sightseeing of Kathmandu valley, Pashupatinath, Bouddhanath, Swayambhunath and Kathmandu Darbar Square, some shopping for trekking tour gears if something to be needed. Overnight at Hotel.

Day 03: Drive to Sundarijal about 40 minutes and trek to Chisopani 2140m 5/6 hrs

After breakfast, trekking staff will pick you up and drive about forty minutes to the trekking starting point then start a walk to Chisapani. You can see to south Kathmandu valley. Your trekking start as climbing most of the day along the Shivapuri National park, passing by some villages and forest. End of the trek can be seen Annapurna, Manaslu, Ganesh Himal, Langtang, Rolwaling Himalayan ranges if the weather is clear. We can be named for this trip Mount Kailash tour via Kerong (Gyirong). Overnight at Lodge/Hotel

Day 04: Trek to Kutumshanghu 2450m 7/8 hrs

It is a quite long walking day first hour down and up along passing by villages and beautiful greenery scenic views. From Kutumshang, you can see beautiful mountain views across the green hills and valleys. Kutungshang is an ethnic group of Tamang. At this village, there is a check post for your trekking permit or check the National park fee whether you have paid or not. We can pay direct there the fee of Langtang National park. Overnight at lodge.

Day 05: Trek to Tharepati 3640m 6/7 hrs

Trek to Tharepati offers an unpredictable landscape through the forest of Rhododendron and other different kinds of tress. Sometimes you can see also wild animals, finally, you reach the ridge of Tharepati from where you can see scenic views including mountains. Overnight at lodge.

Day 06: Trek to Phedi 3740m 6/7 hrs

You are already at the altitude sickness zone. You should drink enough water and care about your health specially with meals and drinks. The trail follows through the forest of Rhododendron and bamboo and finally, you will reach treeless zone at Phedi. Overnight at basic lodge.

Day 07: Trek to Lahurebina Yak La/pass 4610m, Gosainkunda 4400m 5/6 hrs

This is a day where you reach the highest point of Nepal part trekking. Your trek starts continuously uphill up to Lahurebina Yak pass then down to Gosainkunda lake. The lake is legendarily related to Lord Shiva. You can see mountains fro Dhaulagiri to Langtang. You may continue to Lahurebinayak about another more hour after Gosainkunda if you are not feeling well due to mountain sickness. But

we suggest you better sleep at Gosainkunda for good acclimatize which helps more for Tibet tour. Overnight at lodge.

Day 08: Trek to Syabru Benshi 1470m 6/7 hrs

It is a totally downhill walking a day to Syabrubeshi. If you have flexible time then we can break this day at Thulo Syabru for night stay instead of Syabrubeshi and next day trek to Syabrubenshi. While you trek down from Gosainkunda about 30 minutes then you may see brilliant panorama scenic views of mountain ranges across the green hills and valleys, pass through some villages. This day one of our staff will meet you who come directly from Kathmandu with your group visa of China for Tibet tour. Overnight at the hotel.

Day 09: Drive to Border about 45 minutes in Nepal Part (Rasuwagadhi 14.6 km) then Custom check-in and drive to Kerong (Gyirong 91.6 km)

After the break, a short drive along the Bhotekoshi river to Rasuwagadhi. After several check posts and necessaries formalities with Nepal, Immigration cross the border and Tibetan guide pick you up and again check in Chinese immigration then continue to drive with Tibetan vehicle for the destination of the trip. Overnight at Hotel.

Day 10: Kerong – day free for acclimatization

This is a day for acclimatization around town or may continue to Saga and the next day may take rest for acclimatizing at Saga. Overnight at Hotel

Day 11: Kerong –Saga 4450 m (240 km) 6-7 hrs.

This is one of the special and memorable days of the trip. You will travel through Himalayan passes and spectacular views of the Mountains. It is already in a highland of arid. You will cross the Brahmaputra River which is one of the major rivers of India and it flows through Tibet (China) Himalaya. Overnight Hotel.

Day 12: Saga – Mansarovar (Chiu Gomba) 4558 m (277 km)

Driving in friendship highway is another interesting and enjoyable point of the Mount Kailash overland tour. It offers some small hills of desert and sands as well as high Himalayas of Nepal side. You will be pass through several high Himalayan passes as well as a lake then after you reach Lake Manasarovar. This is the day the first time you see Mount Kailash. Overnight at Guesthouse.

Day 13: Mansarovar – Darchen (40 km), Manasarovar lake parikrama by vehicle

After visiting around Manasarovar lake and Chiu Monastery, short drive to Darche. It is a small town on the foot of Mount Kailash. Tibetan Guide arranges needed preparation like porters, Yaks, documentation for the start the Mount Kailash Kora the next day. Overnight at Hotel.

Day 14: Tarchen – Tarboche (13 km drive) – Trek to Dirapuk (4860m) 7 km/ 5 – 6 hrs.

This is the first day of Mount Kailash Kora. As you are in the highland of the mountain zone, you should have to eat and drink enough. The winds push back you sometimes along the riverbed of the trail. You can see images of animals when you see deeply to the hills nearby Mount Kailash, for example, an elephant. Overnight at guesthouse.

Day 15: Dirapuk – Trek to Zuthulpuk (4760 m) (18 km trek / 9-10 hrs) (passing through Dolma-la pass 5660 m)

It is the second day of mount Kailash kora and the hardest day of the trip. You need to cross the highest pass of Dolma La (pass) 5660m. We suggest you, carry enough drinking water and walk slowly slowly without taking long breaks. After the pass also you need to walk a long way to Zutulpuk through the wind. Overnight at guesthouse.

Day 16: Zutulpuk to Trek Darchen trek then drive back to Saga

This day, it is a short day trek about 3 hours to Darchen for full Kora of Mount Kailash. After taking lunch at Darchen, drive back to Saga. Overnight at Hotel.

Day 17: Drive back to Nuwakot (Nepal) via Kerong– This day can be reached to Kathmandu if long drive till 8/9 pm

This the day you welcome back to Nepal, one of our staff will pick you up at the border and drive to Trishuli (Nuwakot). In the first part of driving into the Nepal part, there are several check posts in about some hundred meters distance. The road is mostly off road with bumping. If you are interested and enough time then visits an old palace of Nuwakot Darbar and little museum and scenic views of the area. But Some groups may be driven to Kathmandu the same day instead of staying at Nuwakot. It takes about 7 to 8 hours drive to Kathmandu from the border. So, this is a day you can still minimize if you do not have enough time for Mount Kailash tour. Overnight at Hotel.

Day 18: Drive back to Kathmandu 3 hrs

It is an easy and short drive to Kathmandu and the road is blacktopped. Drive along with the scenic views of local villages and river views. Overnight at Hotel

19: Spare Day

It is a spare day of the trip because of sometimes anything can happen with road such a landslide, political strike, etc. The evening will have dinner in Nepalese typical restaurant with cultural program. Overnight at Hotel.

Day 20: Departure

We transfer you to the airport to fly back to the home country.

Cost Includes

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