Detail Itinerary

Exploring the Lower Everest Region via Pikey Peak

The Pikey Peak Trek is a popular newer trekking route in Nepal, widely known as the Lower Everest Trek. Depending on your preference, this 7-day trek can begin and end via Jiri or Shivalaya, or start from Phaplu or Dhunge Dhap to avoid domestic flights. Choosing the route from Jiri or Shivalaya takes you through the historic village of Junbesi and over the Lamjura Pass (3,530m) along the classic Everest trail. Reaching a maximum elevation of 4,065m at Pikey Peak, this adventure offers breathtaking panoramic mountain views stretching from east to west—including Mount Kanchenjunga, Mount Dhaulagiri, and the world's highest peak, Mount Everest.

Sherpa Culture, Rhododendron Forests, and Accommodation

Pikey Peak trekking provides a deep cultural immersion into authentic Sherpa traditions and Buddhist heritage, reflecting a distinctly Tibetan way of life. If you trek around March and April, the trail comes alive with blooming rhododendrons, earning it recognition as a scenic spring floral trek. Most of the trail winds through lush forests, offering a true nature-focused experience rich in flora and fauna. While teahouse and homestay facilities are well established along the route, some specialized itineraries can also be organized as fully supported camping treks.

Trip Facts

- Trip Duration: 12 days
- Trek Duration: 7
- Primary Activity: Trekking
- Secondary Activity: City sightseeing
- Starts Point: Kathmandu
- Ends Point: Kathmandu
- Max. Height: 4065m
- Accommodation: Lodge/Home stay
- Season: Feb - May, Sept - Dec

Detail Itinerary

Day 01: Arrive to Kathmandu airport 1350m
Arrive at Tribhuwan International Airport, Kathmandu, Nepal and one of representatives pick you up by private vehicle and transfer to hotel, overnight at hotel inclusive Bed and Breakfast (BB Plan).

Day 02: Kathmandu Valley Sightseeing
After Breakfast, your city guide pick up you for one full day Kathmandu Valley sightseeing of Pashupatinath Temple, Baudhanath Stupa , Kathmandu Darbar Square and Swoyambhunath (Monkey Temple), Overnight at Hotel (BB plan).

Day 03: Kathmandu to Phaplu 2470m by flight and trek to Salleri 2390m, 5 hours

An early morning, your guide will take you to the domestic airport for Phaplu flight, the flight will be 30 minutes (approximately) and trek to Salleri. There is a local market with sellers and visit Chewang monastery. Stay overnight at lodge (home stay)

Day 04: Trek to Salleri to Pattale 2840m via Kerung- 7 hours
Today, you can see and take an experience of some ethnic groups like Tamangs, Magars and Sherpas culture and society. This is a day with scenic mountain views across the beautiful landscape and visit on the way Buddhist monasteries, maniwalls at kerung . Stay overnight at lodge (home-stay)

Day 05: Trek to Jhapre 2820m, 6 hours
You will see a beautiful landscape with hilly settlement along the Okhaldhunga valley. The day you see Orchid on the way. In Jhapre, visit monasteries and stupas which shows shows Buddhist attraction . Stay overnight at lodge (home-stay).

Day 06: Trek to Pikey peak phedi 4065m, 6 hours
It is a great and the hardest day of the trekking, you can collect an experience of altitude adventure trek, there can see Himalayan floras and faunas. At the place shows an old monastery and Mani stones. There can be visit Yak herding. So, trekking along with by glimpses sceneries. Stay overnight at home-stay/lodge.

Day 07: Trek to Junbesi 2700m, 5 hours
The trail leads to Junbesi via Pikey peak. From Pikey peak you can see the stunning sunrise view and panorama snow capped mountain across greenery valley from Kanchenjunga to Dhaulagiri including Mt Everest. The top of the Pikey peak trail descend for Junbesi through forest and beautiful landscape to Junbesi valley. Stay overnight at lodge.

Day 08: Trek to Thuptenchholing and back to Junbesi
Today is a excursion day to the monastery. You will be visited Thuptenchholing Monastery. This is an observed traditional Tibetan medicinal therapy. The day is a tour to Junbesi village around add something different world, which can be an experience of the lifetime. At Junbesi, you taste local organic foods and drinks. You can enjoy the Sherpa culture as well at Junbeshi. \

Day 09: Trek to Phaplu 2470m,6 hours
Today, The trail gradually down hill along stream. It takes about six hour walk to Phaplu from Junbesi. Overnight at lodge.

Day 10: Fly Phaplu to Kathmandu
Fly back to Kathmandu, at domestic airport one of our airport representative will be waiting to you and transfer to hotel. Overnight at Hotel, inclusive breakfast.

Day 11: The day is spare because of flight cancellation or flight delay . So this day can be used for Bhaktapur Darbar Square, Chagunarayan and Patan Darbar Square sightseeing, overnight at Hotel, inclusive breakfast.

Day 12: Departure
Transfer to international airport for your onward journey.

Cost Includes

- All ground transports by private vehicle as per itinerary required

- Kathmandu accommodation inclusive breakfast as per itinerary

- Kathmandu sightseeing as per itinerary

- All entry fees as per itinerary

- Kathmandu Phaplu Kathmandu round trip airfare and airport tax + Guide

- Three times meals including Lunch, Dinner and breakfast during trek with tea/coffee

- An English speaking highly experienced friendly and helpful trekking guide

- One porter for two member

- Guide salary/food/accommodation/insurance and required transports

- Porter salary/food/accommodation/insurance and required transports

- Rain protection duffel bag for luggage

- Company guarantee the rescue services if needed; please hand over your insurance policy copy to us

- Government taxes and office service charge

Cost Excludes

- International airfare

- Nepal visa fee which obtained at the airport on arrival, a multiple tourist visa for 15 days US $ 25, for 30 days US $ 40 and for 90 days US $ 100 or Equivalent convertible currency {bring 2 copies passport size picture}

- Kathmdu and Phaplu staying on flight cancellation due to bad weather

- Alcoholic beverages, soft drinks bottle of mineral/hot water, hot shower and snack foods during trekking

- Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance

- Extra porter for the personal day bag pack

- Horse riding along the trek

- Extra cost on natural disaster

- Any other expenses which is not mentioned in the cost include

- Tips to staffs