Detail Itinerary

Overview of the Rara Lake Tour

The Rara Lake Tour in Nepal is an exceptional destination for adventurous travelers seeking pristine wilderness. As the largest lake in Nepal, Rara Lake (2,990m) is located in the Mugu district of the midwestern Karnali region, surrounded by lush green hills. Known for its mesmerizing beauty, the lake famously changes its colors three times a day during the morning, afternoon, and evening. Visitors can enjoy peaceful boating, stunning natural scenery, diverse flora, medicinal herbs, and delicious local cuisine. Notably, the region near Jumla along the Tila River is home to the world's highest rice cultivation area, producing the indigenous Japonica rice variety known as 'Jumli Marshi'.

How to Visit Rara Lake: Travel Options

There are three main ways to visit Rara Lake, with itineraries ranging from 5 to 12 days:

- **Flight Route (Fastest Option):** Take a domestic flight from Kathmandu to Nepalgunj, followed by a connecting flight to Talcha Airport in Mugu (subject to seasonal flight schedules), followed by a scenic 3-hour walk to the lake.
- **Overland Jeep Tour (Most Reliable):** An overland jeep tour takes at least 7 days (round trip from Kathmandu), offering a reliable and adventurous journey through Nepal's midwestern landscape.
- **Rara Camping Trek (12 Days):** Fly from Nepalgunj to Jumla to begin a 12-day trekking adventure toward Rara Lake, though flight schedules depend heavily on weather conditions.

Key Sightseeing Highlights in the Karnali Region

The Karnali region offers several remarkable attractions to explore along your journey:

- **Murma Top:** Situated at an altitude of 3,630 meters, it offers a breathtaking 360-degree panoramic view overlooking Rara Lake.
- **Historical Landmarks:** Explore ancient palaces and cultural heritage sites such as the Kanak Sundari temple in Jumla and Pandu Gupha in Dailek.

Trip Facts

Detail Itinerary

Cost Includes

Cost Excludes