Detail Itinerary

Overview of the Renjo La Pass Journey

The Renjo La Pass Trek is a spectacular high-altitude pass journey in the Everest region that rewards trekkers with breathtaking views of four towering eight-thousanders: Mount Everest (8,848m), Lhotse (8,516m), Makalu (8,485m), and Cho Oyu (8,201m). Along with exploring the pristine Gokyo Lakes, participants are surrounded by over twenty majestic peaks. For those with extra days and strong physical fitness, this trek can easily be combined with Everest Base Camp or extended into the full Everest Three Passes Trek (Renjo La, Cho La, and Kongma La).

Khumbu Culture, Monasteries, and Highlights

The upper region of Everest, known as Khumbu, is deeply rich in Tibetan Buddhist culture, while the lower Solu region features a vibrant mix of Hindu and Buddhist traditions. Key Sherpa settlements along the route include Lukla (Chauri Kharka), Ghat, Phakding, Namche Bazaar, Thame, Machhermo, Dole, Khumjung, and Khunde. If time permits, Nepal Kailash Trekking highly recommends visiting Khumjung Monastery—famous for housing a purported Yeti scalp (available to view for a small local fee)—as well as Tengboche Monastery.

Summary of the Route and Scenic Vistas

Renjo La Pass offers one of the most stunning panoramic viewpoints across the turquoise Gokyo Lakes and towards Mount Everest. The trail takes you through the legendary homeland of the Sherpa people, renowned worldwide for their extraordinary mountaineering skills. Thame stands out as one of the most peaceful and scenic villages on the route, while the path leading toward Tashi Lapcha provides tranquil valleys and magnificent mountain scenery.

Trip Facts

- Trip Duration: 18 days
- Trek Duration: 14
- Trip Code: 05
- Primary Activity: Trekking
- Secondary Activity: Stunning flight
- Max. Group Size: 16
- Min. Group Size: 1
- Starts Point: Lukla
- Ends Point: Kathmandu
- Trip Grade: Moderate
- Max. Height: 5545m
- Accommodation: Lodge

Detail Itinerary

Day 01: Arrival at TIA, KTM
Nepal Kailash Trekking representative picks you up and transfers to hotel, refreshment and free time.

Day 02: Trip preparation day
This day is reserved for a preparation day for the trip, or you can do Kathmandu sightseeing as your wishes. Special, we reserved one day for a flight to Lukla from Kathmandu or to Kathmandu due to weather for flight. This is why it is much better to fly to Lukla on the second day.

Day 03: Flight to Lukla 2840m and trek to Phakding 2610m) 2 ½ to 3 hrs
An early morning pick you up your guide from the hotel and take you to domestic airport for Lukla flight. The flight takes you a breathtaking panorama view of the Himalayas, including the world highest Mt.Everest. After breakfast, you will start the trek along the Dudh Koshi (Milk River). Overnight at lodge.

Day 04: Trek to Namche Bazaar 3445m, 5/6 hrs
The trail will lead you towards Dudh Koshi River. From the lower Monjo, you can see Khumbila above Namche Bazaar. Khumbila is a sacred peak of the Khumbu valley. The trail goes gradually ascending and become harder. You will be seen the first glimpses of Mount Everest as you are crossing the mighty Hillary Bridge. The next section of the trail will be more difficult. Namche Bazaar where an interesting sightseeing as to how the people in the region survive. Namche Bazaar is like a little Thamel, Kathmandu. Overnight at lodge.

Day 05: Acclimatization day around Namche Bazaar
Explore the day around Namche Bazaar with the impressive views of Mount Everest, Thamserku, Ama Dablammand other magnificent peaks from the Sagarmatha National Park Headquarters where is perched on the east ridge of a village which houses a museum with military quarters. Or you can do a side trip up to Everest view Resort which lies above Syangboche airport, and visits to Khumjung and Khunde which is the Sherpa traditional and lifestyle. You can see a piece of Yeti's head at Khumjung monastery. Overnight back to Namche lodge.

Day 06: Trek to Thame 3750m, 3/4 hrs
The preliminary section of the day is easy-walking, mostly flat however the views will be shameful. After a couple of hours, you will reach Thame. Along the way, pass a couple of Sherpa villages.

Day 07: Explore Thame
Visit Thame Monastery and continue valley that leads to Tashilapcha pass. for acclimatization. It's a peace and a beautiful valley. There is a like settlement but its huts for yak and sheep. By Locally, you can have light lunch there and back to Thame. overnight Thame Lodge.

Day 08: Trek to Lungdeng 4500m, 4/5 hrs
The trail gradually ascends and passes through many Sherpa En route with different types of plants and animals, settlement of Sherpa people. The across Tibetan Yak Caravans trading en route to and forwards Namche to Tibet. Overnight at lodge.

Day 09: Trek **to Renjo La Pass 5340m and Gokyo 4790m, 8/9 hrs**
From Lung Deng crosses a chorten on top of a ridge before ascends and descends. We will pass through some villages and rhododendron forest before reaching the Yak Kharka. The place is located below Renjo La, approximately about 4950m.Trekking continuously to Renjo Pass 5340m, slippery trail up to the Renjo Pass which awaiting you fantastic panoramic views of the surrounding, then descend to Gokyo 4790m. Overnight at lodge.

Day 10: side trip to Gokyo **Ri 5483m, 3 hrs (Ascend)**

An early morning hike to the top of Gokyo Ri, which have stunning views of the Gokyo valley, the massive Ngozumpa Glacier, longest glacier in Nepal and an incredible panoramic view of the Khumbu Himalayas of – to east Mt Everest standing , Lhotse, Nuptse, Makalu (8481m), to the north Cho-Oyu (8153m) and Gychung Kang (7922m), to the South - Kangtega, Thamserku and many more. Gokyo Ri is one of the highlights of the trek. Back to Lodge and have lunch. Overnight at lodge.

Day 11: Trek to Phortse 3950m, 2 hrs
It is an alternative route to trek down to Phortse and the route follows by very few trekkers. But it is the best route than trek through Machhermo and Dole because the route of Phortse village via Thar offers much better views of Khumbila and more peaks. Phortse is one of the oldest and biggest settlements sherpa villages in Khumbu region. Overnight at Phortse lodge.

Day 12: Trek to Tyangboche 3860m 2 hrs - Namche Bazaar 4 hrs
Takes about 2 hours by walking first down to Imjatse river the climb up to Tyangboche through a nice and peaceful forest, from where you can see a beautiful Mt Ama Dablam through the forest. You may see wild animals like Himalayan Goat, musk Dear, Pheasant. You just reach behind of the Tyangbiche Monastery and spent some time there then leave after lunch for Namche. Overnight at Namche Lodge/Hotel.

Day 13: Trek to Lukla

Day 14: Lukla to Kathmandu

Day 15: Departure day

Cost Includes

All ground transports by private vehicle as per itinerary required

Kathmandu accommodation inclusive breakfast as per itinerary

All entry fees as per itinerary – Sagarmatha National Park fee, Trekker’s Information Management System Card fee {bring 2 copies passport size picture}

Kathmandu Lukla Kathmandu round trip airfare and airport tax + Guide

Three times meals including Lunch, Dinner and breakfast during trek with tea/coffee

An English speaking highly experienced friendly and helpful trekking guide

One porter for two member

Guide salary/food/accommodation/insurance and required transports

Porter salary/food/accommodation/insurance and required transports

Rain protection duffel bag for luggage

Company guarantee the rescue services if needed; please hand over your insurance policy copy to us

Government taxes and office service charge

Cost Excludes

International airfare

Nepal visa fee which obtained at the airport on arrival, a multiple tourist visa for 15 days US $ 25, for 30 days US $ 40 and for 90 days US $ 100 or Equivalent convertible currency {bring 2 copies passport size picture}

Kathmandu and Lukla staying on flight cancelation due to bad weather

Alcoholic beverages, soft drinks bottle of mineral/hot water, hot shower and snack foods during trekking

Hot shower from Namche

Battery charge during trekking

Any personal medical or evacuation expenses incur and strongly recommend international Travel Insurance

Extra porter for the personal day bag pack

Horse riding along the trek

Extra cost on natural disaster

Sleeping bag, can be rented from company @ USD 00.80 cent per day per piece

Kathmandu sightseeing {it will be extra because we should arrange according your staying in Nepal}

Any other expenses which is not mentioned in the cost include

Tips to staffs