Detail Itinerary

Overview of the Upper Mustang Overland Tour

The Upper Mustang Overland Tour, organized by Nepal Kailash Trekking, takes you into the former isolated Himalayan Kingdom of Mustang, characterized by dramatic arid landscapes, picturesque valleys, and green meadows. Often likened to a journey through Tibet, this jeep tour is the ultimate choice for travelers seeking a deep cultural experience of Tibetan Buddhism without undertaking long, strenuous treks.

Key Highlights and Cultural Significance

The region is steeped in history, ancient traditions, and unique geography:

- **Monasteries and Ancient Caves:** Often called the land of monasteries and mysterious caves, Upper Mustang features numerous centuries-old Gompas located across different scenic settlements.
- **Historical Ties:** The region holds a rich history of relations and historical events between Nepal and Tibet dating back to the 8th century.
- **Lo Manthang (The Walled City):** Explore the capital city of Mustang, known as Lo, featuring traditional mud-brick walls and historic palace architecture.
- **Tibet Border (Kora La):** Depending on road accessibility confirmed by locals in Lo Manthang, the overland tour extends up to the Kora La border pass at an elevation of 4,660m.

Itinerary, Permits, and Accommodations

Typically offered as an 8-day round trip from Pokhara, Nepal Kailash Trekking can fully customize the itinerary to match your preferences. Because Upper Mustang is a restricted area, a special permit is required (specifically USD 500 per person for the first 10 days), along with ACAP and TIMS permits. While lodge accommodations are available in Lo Manthang, booking in advance during peak trekking seasons is highly recommended.

Trip Facts

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Cost Includes

 All ground transportation by private AC vehicle from airport to airport

 Three-night accommodation with breakfast in Kathmandu Hotel at 3*

 Two-night accommodation with breakfast at a 3-star category hotel in Pokhara.

 Full board meals breakfast, lunch and dinner with tea/coffee during the Mustang Overland Tour

 Best available twin sharing lodge to lodge accommodation during Mustang overland tour. We provide attached bathroom wherever available

 An highly experienced English-speaking trekking guide including his salary/insurance/equipment/meals/accommodation

 Down jacket, sleeping bag, Trekking Company Kit Bag and trekking map (down jacket and sleeping bag are to be returned after trip)

 All necessary paperwork and permits (ACAP, Special trekking permit) please provide us 3 passport size photos for permits

 A comprehensive medical kit

 All government and local taxes

Cost Excludes

• Your Travel insurance with emergency evacuation

• International airfare

• Nepal entry visa

• Cold drinks, water, snacks and other personal expenses

• Hot shower cost during Upper Mustang Overland tour if lodge requires

• Personal trekking equipments

• Horse riding if needed any case

• Porters

• Wi-Fi internet/phone call/battery charge

• Which are not mentioned in includes Items

• Tips staff, such a guide, drivers…